

VOLUNTARY ACTION



Voluntary Action North
East Lincolnshire



5 DAYS FOCUSING ON TRUSTEES

10-16th November is
National Trustees Week. This

is an annual opportunity to focus our attention on the volunteer Trustees who lead, steer, support and manage charities. Trustees, committee members, directors or whoever sit on the governing body of a non-profit organisation are vital but often overlooked or under supported.



VANEL has long championed Trusteeship and Good Governance, so National Trustee Week is a great opportunity for us to help our local charities, trustees or potential trustees in their roles.

So over the five weekdays we'll be running five different events to help you, your organisation, your committee/board and your trustees.

We have **"Roles and Responsibilities of Trustees"** training. There's a **"Technology for Trustees"** workshop, **"Tea and Trustees"** for an informal conversation around trustee support, a **"Teen Trustees"** session about younger Trustees and finally a **"Join us and Make a Difference"** workshop tackling Trustee recruitment.



TRUSTEES' WEEK 2014
10 - 16 NOVEMBER

Details are still being finalised, but read on to the next page for further details about what we have planned and then get in touch to get involved.

www.vanel.org.uk/governance (and see next page)

OCTOBER 2014

WHAT'S INSIDE THIS ISSUE

- IT'S NATIONAL TRUSTEE WEEK SOON
- LOTS OF NEWS FROM ENFUSE - CHANGES TO THE TEAM, VISIT TO CAFÉ INDIE AND THE RECENT TRASHION SHOW
- MEMBER NEWS AND UPDATES
- VOLUNTEERING NEWS
- WINTER PLANNING RELAUNCHING
- FAMILY GROUP CONFERENCING AND SEALS WORK

Thank you to everyone who attended our AGM and Tea Party last month and spoke to our staff about Volunteering.

We've continued to speak to more and more groups about what could be done differently to help them and their volunteers. Visit the VANEL website to find out how you too can tell us what you think.

We've had lots of great suggestions already and it will help us shape our volunteering support services over the coming year. Get in touch and have your say.

www.vanel.org.uk/volunteering



We've a **"Roles and Responsibilities of Trustees"** training course which is a great introduction to what a trustee needs to do or remember in their role. Ideal for new or first time trustees or those needing a refresher for the board.

Technology, IT and digital tools are a huge resource for organisations and their boards. So we have a **"Technology for Trustees"** workshop planned. We'll look at how technology can remove barriers, empower and support your organisation and how the board and trustees can support and lead on this agenda. But importantly we'll explore the digital tools that can make your board communicate, collaborate and operate more effectively.

Across the UK Younger Trustees are in short supply on charity boards (less than 1%). Young people have huge amounts to offer charities, yet boards often overlook this and everyone misses out. So we'll be running a **"Teen Trustees"** session to bring boards and younger people together to find out how everyone can help each other.

"Join us and Make a Difference" is a workshop focusing on Trustee recruitment. Finding the right trustees to sit on boards can often be an issue for groups, so we'll look at approaches, good practices, processes and more in this workshop. If you need a trustee, have problems with recruitment, or would yourself be interested in trustee opportunities, then this session should be of interest.

And finally we'll be rounding off the week with **"Tea and Trustees"** in the form of a Coffee Morning. It's a very informal way of prospective or new trustees or committee members to sit and chat with more experienced trustees to share experiences, share ideas and solutions and learn from each other. This informal peer learning worked well when VANEL ran a Trustee Network in the past, so we're hoping it will work well again.

Full details (dates, times, venues etc) will be published on the VANEL website over the coming days - keep an eye on vanel.org.uk. Some of the events (the training) will have very limited spaces so you'll need to get in early. Other's will be more informal - just drop in. If you're interested in any of this support (or in fact any support related to becoming a trustee, developing or training as a trustee or support for your board) then drop **Karl Elliott at VANEL** a line (01472 235311, karl@vanel.org.uk) to say what you need.

MEMBER OF THE MONTH

VANEL's Member of the Month for October is the North East Lincolnshire Credit Union. The Credit Union provides local, affordable and ethical financial services for our community.



The Credit Union aims...

- To provide local, affordable and ethical financial services.
- To promote sound money-management with our members, partners and the community.
- To treat people fairly
- To seek to improve our services and grow our business to meet community needs.

Some of the services it offers include Savings schemes, Loans, support with Landlords, pre-paid cards, and bill payment facilities. They have offices in Grimsby and in Cleethorpes and can be contacted on 01472 361990 or via their website www.nelcu.org. Please take time to look at the services they offer for yourself, your clients, your tenants or others.

North East Lincolnshire Credit Union are also currently looking for a Director to join their Board. A vacancy is available and they'd be interested to hear from anyone who might be interested in helping (see more details on our volunteering pages later in this issue).

North East Lincolnshire Credit Union Ltd

**SAVE & BORROW
FOR A BETTER TOMORROW**

We are here to help you manage your money and provide safe, reliable and affordable financial services

We are owned and run by our members

Savings accounts
■ Adult savers
■ Young savers

Landlord Rent Payment Direct Scheme

We are here to help you manage your money and provide safe, reliable and affordable financial services

We are owned and run by our members

Introduce your tenant to the North East Lincolnshire Credit Union
■ Your tenant arrangements for their Housing Benefit to be paid to their Credit Union account
■ We pay rent directly to you when the Housing Benefit is received

The benefits of the scheme:
■ Stops you having to chase up payments of rent
■ Payments are made before the tenant can access their benefit
■ Prepares for the change to Universal Credit
■ You can sign your tenant up when the tenancy begins*

Contact us:
Municipal Offices, Town Hall Square, Grimsby CH1 1HQ
Monday 10am - 5pm
Also at Civic Offices, Cleethorpes
Web: www.nelcu.org
Tel: 01472 361990

*Tenants do apply, please contact us for details



Volunteer Centre

North East Lincolnshire

A ROUND UP OF LOCAL, VOLUNTEER RELATED NEWS FROM US, OUR MEMBERS, FRIENDS AND THE COMMUNITY.

NORTH EAST LINCOLNSHIRE CREDIT UNION NEED A DIRECTOR

This is a volunteer role. You would need to be able to commit to attending board meetings once a month (half a day) and director training as and when required. We are particularly looking for people with the following experience or skills (either current or past):

- Experience of legal affairs
- Business – running a business successfully
- Marketing
- Accountancy/ banking



What we would need from you:

- Commitment to the organisation
- Willingness to devote the necessary time and effort
- Strategic vision
- Good, independent judgement
- Ability to think creatively
- Willingness to speak your mind
- Understanding and acceptance of the legal duties, responsibilities and liabilities of a credit union director
- Ability to work effectively as a member of a team
- Willingness to undertake training and development.

If you would be interested please contact Julie Catlyn or Clive Pinder for an informal discussion on 01472 361990.

DIGITAL VOLUNTEERS WANTED

VANEL are on the hunt for people who can provide their technical and digital skills to help local charities and groups with IT related issues. You might be able to help a group sort or manage its' Social Media, or you could help update a website, sort out anti-virus on a laptop, troubleshoot email issues or help someone get better at using a spreadsheet. Groups have extremely varied technical needs and most of these volunteering opportunities are one-offs or occasional in nature. So VANEL is trying to connect those volunteers with the right skills, with those groups with the issues. We'll help connect you with each other and help you understand how to work with each other.

So if your organisation needs a bit of IT help, let us know. Or if you are an individual with IT skills and a bit of time to spare, also let us know. We'd like to talk with everyone to match one with the other.

Interested? Contact the Volunteer Centre for details about IT opportunities and to have a first discussion - 01472 231123
www.vaneldigital.org.uk

WINTER PLANNING

THE NIGHTS ARE DRAWING IN AND THERE IS A DEFINITE CHILL IN THE AIR. AUTUMN HAS ARRIVED AND MANY OF US ARE BEGINNING TO THINK ABOUT PLANNING FOR CHRISTMAS, IF WE HAVEN'T ALREADY STARTED!

FOR ME THIS IS THE TIME OF YEAR WHEN I START TO THINK ABOUT STOCKING UP AND STAYING IN! IT'S TRUE - THE WINTER PLANNING CAMPAIGN IS BACK FOR ANOTHER YEAR. IN A CHANGE TO OUR USUAL APPROACH THE OFFICIAL RELAUNCH OF THE CAMPAIGN IS TAKING PLACE AT THE OLDER PEOPLE'S ADVICE DAY ON **WEDNESDAY 8TH OCTOBER** AT CLEETHORPES MEMORIAL HALL.

I AM ON THE CAMPAIGN TRAIL AS WELL, GOING OUT AND SPEAKING TO GROUPS ABOUT THE ADVICE THAT IS ON OFFER - IF YOU WANT ME TO COME TO A GROUP YOU KNOW OF JUST DROP ME A LINE, 01472 326660 OR PARTNER@WINTERPLANNING.ORG.UK AND I WILL SEE WHAT CAN BE DONE.

IF YOU WOULD LIKE TO FIND OUT MORE ABOUT THE CAMPAIGN OR SHARE IT WITH SOMEONE VISIT OUR WEBSITE WINTERPLANNING.ORG.UK
VICKY CAMPBELL - HEALTHIER COMMUNITIES SUPPORT WORKER, VANEL

BE PREPARED THIS WINTER!

Keep Calm! Stock up, Stay in

- Coffee/Tea
- Sugar
- Milk (Dried or Long-life)
- Bread (Can be frozen)
- Butter/Margarine
- Tins of Soup, Veg & Fruit
- £5 for emergency supplies

Items to remember over the winter period:

- Frozen meals
- Toilet rolls
- Pet Food
- Torch/Batteries
- Bottled Water
- Light Bulbs
- Flu Jab
- Medication

In extreme weather conditions if you need urgent supplies or assistance call this number:

01472 256 256

enfuse



GET TRASHED!



The Get Trashed Car Boot Disco was a project originally run by vInspired at Ministry of Sound nightclub London in November 2013, which hosted a free customisation and swapping event for 16-25 year olds with music from KISS FM DJs, and aimed to save 10,000 items of clothing from landfill. I successfully applied for £500 from the same organisation and was the first ever person to relaunch the event elsewhere. I was really excited that I was given the opportunity to be the first person to relaunch it, but was more excited that the event was relaunched for the first time in Grimsby.

The event itself entails swapping your old clothes by placing them on a rail and taking someone else's that have also been swapped. This happens with a disco theme to make it even more fun and there will be DJ's included. It's a fantastic new recycling idea that mixes music, fashion and fun and saves hundreds of items from being sent to landfill. **Get Trashed** this time was at Grimsby Institute University Centre Corner Lounge and was unfortunately only available for HE students, although after the event, I, my staff and volunteers have begun making plans to hit all areas of North East Lincolnshire with something very similar. It's fun for all ages. I can't wait to introduce it to more people and get their opinions.

On the day of our event there were a positive number of college students attending the event, which was good to see because after all the plans and marketing we had set for the event, we really didn't know how many people would attend. This was the same for volunteers. I had spoken to and recruited volunteers earlier within

the year and not every volunteer attended the event although the volunteers that did attend worked really well and were a benefit to have working with us at the event.

Overall we had a fun time meeting new people and making new friends. The event we felt was a success, not the way we planned it to be successful, but still everything ran smoothly without any failures and we're very hopeful with that as a fact to be planning future clothes swapping / swishing events. On the day we estimated a footfall of just over 60 people with another estimate of 288 Clothes being saved from landfill. The money we raised from selling clothes on the day totalled to £23.15.

Phil Simpson, phil@vanel.org.uk



IF YOU WANT TO GET INVOLVED WITH THE ENFUSE TEAM OR WANT US TO HELP YOU THEN CONTACT US

01472 315437

ENFUSE@VANEL.ORG.UK

[WWW.FACEBOOK.COM/ENFUSEGY](https://www.facebook.com/ENFUSEGY)

@ENFUSEGY

ENFUSE VISIT CAFÉ

The whole enfuse team took a day trip out recently to visit Cafe Independent in Scunthorpe. Enfuse have been coming up with ideas non what the youth scene could do with over in Grimsby/North East Lincolnshire, so it seemed a good idea to look at an up and running project nearby to see what lessons could be learned.

Everyone came back with a positive impression, lots of ideas, and a variety of different angles on what the visit had taught us.

I'm sure Cafe Independent would be more than happy to welcome you when you're next in Scunthorpe, but in the meantime here are a few thoughts from the day and an overview of what their project is about. What enfuse ends up starting as a result of this boost of inspiration is anybody's guess - watch this space.

What is it ?

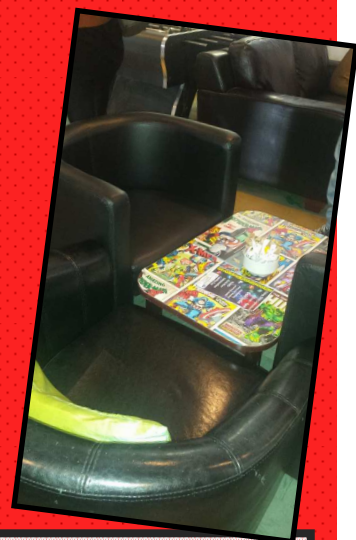
Café Independent is a coffee and music house that serves to the local community of Scunthorpe. It is found on the high street of Scunthorpe and offers multiple products and services such as coffee, food, youth-led social enterprises, training courses, sexual health drop in chats, projects and events. All of these are delivered by young people and the ideas created between them.

The Café which is also an employability programme was opened in February 2014 and is funded by the Big Lottery Reaching Communities programme in which it received £301,000 from a bid submitted by Voluntary Action North Lincolnshire (VANL) to run the project of a café idea with aims and goals of wanting to improve the lives of young people by giving them valuable and quality experience they deserve. This in term gives them life skills and work experience from within the café by training them and equipping them for work. Some of this experience may include from serving tea and coffee in the café to cooking meals in the kitchen. The café also helps these people feel part of a working environment and they will also occasionally be asked to wear smart uniform again giving them a taste of working life.

The café is run by VANL community development worker David Plumtree who has had a background of working with youth in Scunthorpe for around 8 years. Prior to running Café Indie, David owned a vintage clothes and art store which again was all supported by young people. David has helped the café grow from rubble and ruins of a former Co-operative pharmacy, BabiesWorld shop and SoHo stationary store which had stood empty for almost three years.



Café Indie, which runs suspended coffee schemes for homeless people, opens its doors from 10am – 10pm on a daily basis excluding Sunday. During the daytime the café offers acoustic musicians somewhere to play and nurture the art and dreams and the creativity of anyone and everyone who comes in. (continued...)



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@ENFUSEGY



By evening the café will creating a place to enjoy

the food is local goodness to share and it's a place to ease yourself into. The bare brick walls will be an exhibition space with art, live music, things to see and do. Many of the walls at Café Indie are covered with illustrative, graphic and graffiti art pieces all by local artists. These pieces of art are all price tagged and are all available to buy from the café which aims to support and promote local artists and only charges the artist a 10% commission rate.

The lower floor or basement area in the café is also another thriving part of tourism and population in Scunthorpe. From once being a damp room flooded by rainwater that came in from a leaking roof, 10 young volunteers steeped in with a construction team to turn it into something else which now features a small bar, PA system and stage. This part of the café often hosts gigs and concerts which has recently seen huge acts from the likes of indie rock band "Inspiral Carpets" and award winning metalcore band "While She Sleeps".

Phil Simpson.

I learned a great deal from our visit to Café Indie in Scunthorpe. As we have been interested in doing something similar in Cleethorpes for a while now, I learned that a community centre doesn't have to have all the typical traits. It is possible to have a successful business that's centred around the work of community development in the background. Café Indie pride themselves on being a high quality coffee shop marketed at all ages, using the help from young volunteers in the background. The capacity for projects is huge there, as the managers are open to anything that can help people being put on in their space. I admire their philosophy of making it appealing to all ages and people of all backgrounds and it's something I really hope we can echo here in Cleethorpes.

Joe Mager

I expected Café Indie to be a traditional youth centre, so the calm café environment was a very pleasant surprise. I think the reason it works so well is that it does not overly sell the charitable function and is essentially just a high-quality café and music venue. By focusing on being a successful business and keeping the community-related functions as a background element managed behind the scenes, I think it has more capability to do good for the area than a more traditional community centre.

Bayard Tarpley

(... continued) As well as this it accommodates to families and owns a safe area inside the café for children to read and play.

be about the atmosphere and time. The music gets turned up,

Café indie was a good experience in order for the team to get a chance to visit a place that started as nothing and became something that seems really successful! It was a really inviting place and even though the furniture was mismatched it all seemed to work. The inside of it was very relaxed and seemed a place that many people would like to visit, even though it wouldn't be everyone's cup of tea it would reach a majority audience. The coffee they served was excellent and that in its self would be a reason I would visit again and from the people that were going to get

food and drinks it showed it did reach a mixed audience. I think it was a very beneficial as a team to go down there and be able to talk

through ideas that we had!

Shelby Fountain



ENFUSE REFLECTIONS ON THE VISIT TO CAFÉ INDIE

More reflections from other members of the team can be found on our website.

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MEMBER NEWS

BRIDGEfriends are holding a 'Dream a Dream' Cabaret Charity Night on Friday 17th October 2014, which will be attended by Mr Mayor, Cllr Alex Baxter. They are hosting the event from 7.30pm until late at The Humber Royal Hotel, Grimsby.

The night will support the work of BRIDGEfriends, helping many vulnerable women in our community, exit from chaotic lifestyles of addiction and abuse. Tickets are £15.50 and include a hot buffet, songs from the musicals performed by Heather Hannah and Tony Jewitt, and a disco.

More details on the VANEL website or on the www.bridgefriends.org.uk site.

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Humber Nature Partnership and Humberside Conservation Volunteers have a woodland management course running for volunteers to gain practical knowledge of woodland management on a local basis. There's still opportunities in October for training and they are always looking for more willing volunteers. Full details and a flyer to download in the VANEL news online.

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CARE (Christian Action Resource Enterprises) hold a Talk Time session on the first Wednesday of the month in the courtyard cafe in Freeman Street Market. The sessions run from 9.30-11.30 during term time. Check out www.carenelincs.co.uk for all the details and to speak to someone about the sessions or check out the flyer on the VANEL news online. CARE are also running an 8 week equipping parents course for all parents with children between the ages of birth and 18. The current Equipping Parents course is underway, but contact CARE via their website if you'd be interested in future sessions.

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The **North East Lincolnshire Motor Project** have free places on their Motor Vehicle Study Course for young people aged 16-19 not in education, employment or training. There's a flyer on the VANEL news page or contact www.motor-project.co.uk or 01472 590660.

Congratulations to the **NAVIGO Dementia Project**. They've just achieved their Supporting Volunteers Award Level 1. It was quite clear from their self-assessment just how much they value volunteering and the volunteers that support them. Well done.

If your organisation uses volunteers but hasn't yet got started on SVA then why not speak to Kelly Bryant in the Volunteer Centre to see how to get going. Call 01472 231123 or Kelly@vanel.org.uk.

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"It helps to talk, no matter what your age"

Age UK and Open Minds, NAVIGO, are working together from 1st October to provide a mental well-being service for those aged 65 and over.

The aim of the service is to help older people to be able to deal with stresses that come with getting older; stress management and relaxation techniques are taught to give people the tools to deal with these issues.

For more information read the entire article with flyer on the VANEL website or contact Age UK, Open Minds or NAVIGO

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This is only a selection. There's more news from Members and Friends online at www.vanel.org.uk. If you have news that you'd like to see in the next newsletter or on our website then contact VANEL via editor@vanel.org.uk

Funding Opportunity - ESH Communities

ESH Group is offering an exciting opportunity for grant support of up to £1,000 for Charities and Projects in its operational areas who are making a positive impact in their community.

CLOSING DATE FOR APPLICATIONS FRIDAY 14TH NOVEMBER 2014.

Complete the application form online:
<http://www.eshaddedvalue.co.uk/programmes/esh-communities/application>

ESH GROUP 





Team Changes

This month has seen some changes take place within the enfuse

team. Firstly **Thomas Plaskitt** has been successful in obtaining a new post as Youth Ambassador over in the East Riding, so has left our team and moved over to his new role. Sad to see Thomas go but we know he'll be great in his new position, will be keeping in touch with us and it's a perfect progression for him in his career. Best of luck Tom.

Bayard Tarpley will also be leaving the enfuse team in mid-October as he has been successful in gaining a position at Healthwatch North East Lincolnshire. Bayard has benefitted greatly from his work with Public Health and our Mind Works project. Well done to Bayard for this career step and we wish him well for when he moves on.

Sophie Johnson was also successful in securing her 'dream job' as a Sports Development Officer with the University of Hull and will start her role in late October thanks to all her hard work on the community games programme with the YMCA and Sportivate projects.. Again we wish Sophie every success in her future career.

Whilst there are always mixed emotions when staff leave our organisation, we are really delighted for these younger team members, as the whole purpose of our enfuse programme is to help and support 18-24 year olds to develop themselves to progress into their chosen careers.

FAMILY GROUP CONFERENCING AND SEALS

Funded through Community First monies the **Family Group Confer-
ence team**, in partnership with Ormiston South Parade Academy, ran a 10 session Social and Emotional Aspects of Learning (SEALS) activity programme, during May half term and the school summer holidays.

The aim of the activities were to help children maintain the positive atmosphere and support that they gain from school surroundings and classroom circle time throughout the half term and summer holidays. Many of these children have chaotic and unstable home lives and these activities gave them somewhere safe to be and entertained through SEALS activities, giving parents a much needed respite.

The activities during May half term took place at school and during the summer at the Fishing Heritage Centre, due to building works taking place at the school.

The Activities we encouraged the children to take part in ranged from circle time to team building, with the children receiving support and recognition throughout. Days were themed, with activities and games to reflect this; themes included Magical, Beach, Pirates and Superheroes. These activities gave the children the opportunity to talk to us about issues in their lives, if that was something that they wanted to do.

The programme ended with a party to celebrate the success and achievements of the activities. The children enjoyed the opportunity to end the time spent with the workers in style.

Jackie Allington, Parent Support Worker at the School, has stated that "the project is so important to the young people and we would like to roll it out to other young people. The school are prepared to fund this through pupil premium fund."

Parents and children alike praised the activities and were eager to attend all sessions.

Contact the FGC team at VANEL via Sarah@vanel.org.uk

CONTACT Us

14 TOWN HALL STREET
GRIMSBY
DN31 1HN
01472 231123

We are open Monday–Thursday
from 9am until 4:30pm

www.vanel.org.uk

