

# Voluntary Action

e-briefing from **Voluntary Action North East Lincolnshire**

**December 2015 edition (it's Christmas)**



## It's nearly Christmas

Time for us to dust off our "Christmas from VANEL" picture (above), put up the tree and look forward to a few days off. But as you'll see throughout this Christmas edition of our newsletter, it's also a time to think of others. There are plenty of events in the community to bring people together, and there are still numerous ways to volunteer, get involved and help others.

So we hope you find something of interest in this edition and enjoy your holiday season.

*Merry Christmas from the team at VANEL.*

See you in 2016 ready for your new-year resolutions...

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## Office hours

*Over Christmas the VANEL offices will be closed from 5pm on Wednesday 23rd December and will reopen on Monday 4th January 2016*

## 01 News update

*various general pieces of news, ideas, stories and thoughts we've picked up this month.*

## #GiveNotTake

Throughout December VANEL be posting thoughts and ideas on the Volunteer Centre Facebook page and via Twitter each day as part of our Advent #GiveNotTake campaign.

In the midst of the frantic preparations and rushed visits to family and friends we are urged to remember those who have nothing and no-one to share the festive season with. Each time we do this we volunteer, usually as unobtrusively as possible.

This campaign is our opportunity to shout about the different aspects of volunteering and the best practice that we would recommend in order to ensure that volunteers are safe and supported during their time with organisations.

Each day of the week we will be theming our posts around a different topic; Monday's are the benefits of volunteering, Tuesday's are Volunteer Management best practice, Wednesday's are volunteer opportunities, Thursday's are suggested ways to volunteer, Friday's are rewarding and recognising your volunteers, Saturday's are looking back over the successes of 2015 and Sunday's are looking forward to 2016.

Follow us on [@vaneltalk](#) and on [Facebook](#)

## Humberside Police Launch of Safe Place Scheme

**Humberside Police Launch of Safe Place Scheme & Herbert Protocol to keep people with dementia from going missing.**

On Friday 20th November 2015 Humberside Police launched this scheme in North East Lincolnshire along with the accompanying protocol (the Herbert Protocol). Please refer to the three documents embedded here which show the forms that people can obtain from the police website (see link below) and also the form to complete and keep in the event of a person being reported missing. These attachments can be shared with all your networks. If you have any questions please email Steve Jones, Community Cohesion Officer, Humberside Police: [stephen.jones@humberside.pnn.police.uk](mailto:stephen.jones@humberside.pnn.police.uk)

## Revised Local Development Scheme 2015

North East Lincolnshire Council have announced that this scheme is now launched and available for viewing and commenting on. You can [get to it online here](#).

## Sector response to the Autumn Statement

It won't have escaped your attention that the other week the Chancellor announced his Autumn Statement and Spending Review. The sector had been holding it's breath to see what would be announced, so shortly afterwards VANEL sent around a special e-bulletin with feedback from NCVO and others.

If you didn't receive it at the time, you can [read our Autumn Statement e-bulletin here](#).

## Be prepared this winter.

### Stay in, stock up, stay safe.

The nights have now drawn in and there's the regular weather forecasts telling us we're in for a harsh winter again. Maybe it's a bit over the top, but **how prepared are you or your**

## neighbours for extreme weather if it comes?

The **Winter Planning community project** is up and running again this year thanks to **funding from NEL CCG and managed from VANEL**. Our message is to make sure you've prepared for the possibility of not being able to get out and get to the shops. That means stocking up on food, medicines and other essentials just in case you're stuck inside for a day or two. If that's not a concern for you yourself, what about checking on your more vulnerable neighbours and make sure they are stocked up too.

But we also want to make sure people know to call the 01472 256 256 helpline number if they really are stuck and need some assistance. We have Winter Buddy volunteers ready across North East Lincolnshire who are willing to pick up essential shopping and supplies for anyone vulnerable when the weather turns extreme. Make sure you or others have that number to hand in preparation for the winter.

Finally, if you're more able bodied then maybe you could also help others by becoming a Winter Buddy volunteer? Contact us to find out more.

More information at [www.winterplanning.org.uk](http://www.winterplanning.org.uk), email [hello@winterplanning.org.uk](mailto:hello@winterplanning.org.uk), follow us on Facebook [www.winterplanning.org.uk/facebook](http://www.winterplanning.org.uk/facebook) or call Debi, our central coordinator via 07926 140 103.

## NHS Staywell

Whilst you're looking out for your neighbours this winter, don't forget to direct them to the NHS StayWell campaign. [The website is here](#).



## 02 Volunteering Support

### Volunteers are priceless...

... there is nothing so precious to a local community as the gift of time which is what volunteers in North East Lincolnshire give so freely to local people and with Christmas rapidly approaching so many people in our local communities give so much time to help others.

The North East Lincolnshire Volunteer Service places over 800 people every year into volunteering opportunities to support local charities with their work and local people who need help and assistance with a wide range of needs: for example recovering from ill health conditions; keeping safe from harm; finding suitable accommodation; meeting people/making friends; looking after challenging children; looking after the elderly; running



youth/sports groups; recovery from being a victim of crime; celebrating diversity and very many more good causes.

Local charities are so important to our local area because they make a really positive difference to so many different people's lives in our local communities; they are motivated by people who want to help others' improve their lives and life circumstances; they make a valuable contribution to our economic wellbeing; they provide opportunities to socialise and improve our health and wellbeing; they help to make our communities a safer place to live and work; they provide opportunities for young people to learn about helping other people in their local communities and how to help each other and create potential work and career opportunities for themselves in the future. VANEL delivers a young community worker development programme to enable young people to find out about volunteering and working in local charities.

It is very important to continue supporting our local charities and they form an integral part of our local economy complimenting the work of our partners in the public sector and local businesses. As well as providing local activities and organising fundraising events to raise the profile of charity work in our area they offer very varied and different ways of getting involved with local life across our area. You can find charities in the centre of our towns, in our villages and in the countryside. We have large national charities and very small charities that only operate thanks to the goodwill of their volunteers. It is vital that we maintain the diversity and different types of charities across North East Lincolnshire to ensure we can offer something to attract all members of our communities to get involved with them – so...what will YOU do and how can YOU help?

## Lincolnshire Volunteer Card (LVC)

Our first group of North East Lincolnshire Winter Planning volunteers have just completed their Lincolnshire Volunteer Card (LVC) training. VANEL are delivering a number of LVC sessions to groups of volunteers in our area with more sessions now planned for January.



Contratulations to these first few volunteers who've gained their LVC. This pilot course seemed to work well and covered a number of topics:

- \* Working to Good Practice Standards
- \* Health and Safety
- \* Equality and Diversity



\* Safeguarding and Confidentiality

\* Customer Care

\* Live Well

Lincolnshire  
Volunteer  
Card

All six modules must be completed to be awarded the card, with the trainer delivering quizzes and interactive assessments throughout the modules. There is no formal or written assessment of the modules, simply an informal assessment throughout the two days.

**If you volunteer and are interested in taking part in the training and gaining your LVC** or if you are a host organisation and would like to encourage your volunteers to take part, or just want to find out more, please contact [volunteer@vanel.org.uk](mailto:volunteer@vanel.org.uk) or call 01472 231 123.

## North East Lincolnshire Volunteer Managers Network

The **next Volunteer Managers Network meeting will be on Tuesday 8th December 2015**. The meeting will be held at Rock Foundation, 39-41 Heneage Road, Grimsby, DN32 9ES from 9.30am to 12.30pm. If you would like to attend this meeting or the sub group meeting above, please email Liz Dugard at [liz@vanel.org.uk](mailto:liz@vanel.org.uk), or call 01472 231123.

### New Volunteer appointments

We're starting up another new place in Grimsby for volunteers to come along for appointments. Starting Thursday 3rd December, we're in Cromwell Road Community Fire Station from 1pm-4pm for appointments. People interested in volunteering can now make appointments to meet up with us in Immingham, Cleethorpes or Grimsby on various days (see below for all details). It's also a new location for us to meet up with group volunteer managers if they'd like to chat. For more details or to make an appointment contact [liz@vanel.org.uk](mailto:liz@vanel.org.uk) or call 01472 231123.

We also quietly tidied up the **Volunteer Centre pages** on the main VANEL website this month. So hopefully it's now a bit easier for you to find the information you're looking for. [Go here to visit the site](#).

### More opportunities...

Lots more opportunities on Do-it...



Visit the North East Lincolnshire Volunteer Centre Facebook page for up to date news...

[www.facebook.com/volunteergy](http://www.facebook.com/volunteergy)

### Winter Buddies

We're in preparation for winter now and although we've got a lot of Winter Buddies signed up to volunteer to help out if the weather turns extreme we could still do with more!

So if you would like to help, find out more on our website

[www.winterplanning.org.uk](http://www.winterplanning.org.uk) and visit [the Buddies page](#) to find out how to get involved.

Don't forget you can meet VANEL to talk about volunteering in Immingham, Cleethorpes and Grimsby...

To make an appointment with a Volunteer Advisor: email [liz@vanel.org.uk](mailto:liz@vanel.org.uk) or call 01472 231123

[facebook/volunteergy](https://facebook.com/volunteergy)

**Immingham:** Every Tuesday 9.30 – 5.00

Various locations around Immingham – We will provide venue details in Immingham when you book an appointment.

**Cleethorpes:** Every Wednesday 9.30 – 12.30

The Pavilion, Sussex Recreation Ground, Brereton Avenue, Cleethorpes. Make an appointment or just drop in for a chat with a Volunteer Advisor.

**Grimsby:** Every Friday 9.30 – 12.30

The Minster (St. James Church), St. James Square, Grimsby DN31 1EP. We are based in the Minster, just inside the main door. Pop in while you're shopping or book an appointment with a Volunteer Advisor.

Also in **Grimsby** (new): Thursday's 1-4pm at Cromwell Road Community Fire Station.

## 03 Member News

### New VANEL Members

We'd like to welcome on board a couple of new Members and Friends that have joined in the past month:

#### Grimsby Jazz

This non-profit making organisation promotes live jazz by supporting national and international artists, holding events and concerts. They use events at the Grimsby Old Clee Club, and the Cleethorpes Jazz Festival and are involved in educational projects to celebrate the jazz genre whilst seeking to develop knowledge, understanding and an interest in Jazz and also develop the talent and potential of young musicians through high quality workshops.

#### ACCORD

Accord is the public engagement arm of the NEL CCG. Accord gives local people a voice to influence how money for health and adult social care services is spent in North East Lincolnshire. Accord actively involves the community in the development and improvements of services at all times. Accord members can choose when and how they want to get involved.

### "Young at Heart"

The Big lottery have awarded funding to Friendship at Homes project, "Young at Heart" which will help Friendship at Home to further grow and develop.

This Project is a continuation and development of our overall scheme to reduce isolation and loneliness and improve health and wellbeing of older people in N E Lincs. This Project will

### "A Rich History"

YMCA Humber launched their new Heritage Lottery funded project in November. Led by young people, the project will focus on researching and sharing the history of YMCA Humber locally from 1906 to the present day, especially the periods of the two World Wars through the production of a book and film and the archiving of the research material unearthed.

*Commenting on the award Alan Burley said "We are thrilled to have received the support of the Heritage Lottery Fund and are confident the project will offer a wide range of exciting learning and training opportunities to the young people involved."*

*Explaining the importance of the HLF support, the head of the Heritage Lottery Fund in Yorkshire and the Humber, Fiona Spiers, said: "Heritage is not all castles, museums and old buildings. Memories, stories and reminiscences are a very popular way of learning about the past and sharing this with future generations. The YMCA has played an important part in the UK's history and young people from the Humber area will be able to investigate the role the organisation has played in their local community and share these stories with others."*

The project will now be headed up by Claire Wollington who can temporarily be reached via [Claire.wollington@synergygrimsby.co.uk](mailto:Claire.wollington@synergygrimsby.co.uk)

### Monthly newsletter

We receive quite a few newsletters from Members and Friends each month, so we now do a 'roundup' article on the VANEL website bringing them all together. [Take a look at our latest roundup article online here.](#)

expand and compliment the current services including a Befriending Service by increasing our volunteer base of befrienders and rolling out a telephone befriending service for those who are housebound and not ready for visitors. We will also continue to offer social and exercise activities to reduce isolation and encourage activity and wellbeing.

Friendship at Home has been working in North East Lincolnshire since September 2006 to help reduce the isolation and loneliness which older people face. The project was previously funded by Help the Aged and then a 5 year grant from the Big Lottery Reaching Communities fund until June 2015.

Julie Rigby the Manager said, "we are delighted to receive this grant from the Big Lottery fund to develop activities and services for older people over the next five years: The project will make a huge difference to older people in North East Lincolnshire. Our social and exercise groups are a lifeline for older people and really make a difference. Now we will be able to offer more opportunities, not only to social activities but also for our befriending and Independent Living service.

For those interested in undertaking voluntary work with older people, the opportunities to gain new skills, new experiences, receive training, be part of a dedicated team and to feel you making a contribution to your community will be readily available. We know from experience the huge difference it can make to remain socially active within their community and how valuable the work of our volunteers is."

The Big Lottery Fund supports the aspirations of people who want to make life better for their communities across the UK. The Big Lottery are responsible for giving out 40% of the money raised by the National Lottery for good causes and invest over £650 million a year in projects big and small in health, education, environment and charitable purposes.

Since June 2004 The Big Lottery has awarded over £8 billion to projects that make a difference to people and communities in need, from early year's intervention to commemorative travel funding for World War Two veterans.

Since the National Lottery began in 1994, £33 billion has been raised and more than 450,000 grants awarded.

## Handel's Messiah

Handel's Messiah on Saturday 12th December at 7.30pm with the **Grimsby Philharmonic Society**

## Young Reporters wanted

The **NELC Young Reporters** scheme continues to build and develop and are now looking for applications for the next group of Young Reporters to start early 2016 for 3 months. The successful applicants will have 3 columns published in the 3 months and can volunteer to be involved in additional opportunities such as the Younger Reporters and National scheme.

**Do you know anyone aged 12-19 who would like to be a part of this award winning scheme?** All they need to do is complete the application and return it by the deadline on **Monday 14<sup>th</sup> Dec 2015**. They take a new group on four times per year so anyone unable to apply or unsuccessful this time they will be able to apply again next year.

View a short film about young reporters here <http://youtu.be/SHRy0R8I7n4> or for more information and a link to the application form please go to [www.nelincs.gov.uk/youngreporters](http://www.nelincs.gov.uk/youngreporters)

## Domiciliary Care Changes

A **HealthWatch NEL** newsletter has just been circulated explaining in depth recent changes to Domiciliary Care. [Read it in full here](#) or make sure you subscribe to their newsletter.

## Christmas Events

There are a lot of Christmas activities taking place in the community up to Christmas. Here are just some. Sorry if we've missed yours out, but email [editor@vanel.org.uk](mailto:editor@vanel.org.uk) and we'll add them online for our next e-bulletin.

**Not Home Alone at Christmas** are looking for a choir, poster distributors and also minibus drivers. You can find out more about them and their opportunities on [facebook](#)

**West Marsh Community Centre** are holding their Christmas Spectacular on Friday 4th December, from 4.30-7pm, and Saturday 5th December, from 1-4pm.

**Grimsby Philharmonic Society** are performing Handel's Messiah on 12th December at Grimsby Minster

**St Mary's Catholic Church** are holding their Carols by Candlelight service on 16th December

**Grimsby Minster** have the Les Springall Band

at Grimsby Minster.

Conductor: Susan Hollingworth, Organist: Edward Wellman, Soprano: Elizabeth Adams, Mezzo Soprano: Sarah Wilkes, Tenor: Stephen Mills, Bass: Timothy Emberson

Tickets from Central Hall Box Office. Prices £15 and £12. Tel 01472 355925.

Open Mon – Sat 10.30am to 2.30pm. Email: [boxoffice@grimsbycentralhall.org](mailto:boxoffice@grimsbycentralhall.org)

## Winter Wonderland



Event Show Support CIC are staging Cleethorpes Winter Wonderland between 10th and 13th December.

We are pleased to announce that the annual Cleethorpes Christmas Markets will be returning this year at it's new location Meridian Showground Cleethorpes as part of a wider event – Cleethorpes Winter Wonderland 15, "Capturing Cleethorpes in a festive spirit".

Visit the website

[www.cleethorpeswinterwonderland.com](http://www.cleethorpeswinterwonderland.com) for information and tickets.

making an appearance on 5th December

**Care4All** are part of a new group that have taken on Grant Thorold Library. The official opening is on 8th December, but if you would like to attend please RSVP by 4th December.

**Linkage** are offering a gift wrapping service in Freshney Place Shopping Centre.

**Green Futures** are taking orders for their Christmas Vegetable Box. The box costs £27 and needs to be delivered/ collected on 21st or 22nd December. Please note that the deadline for orders is 11th December.

10th-13th December sees the **Winter Wonderland** arrive at Meridian Park, Cleethorpes. You can find out more about what is happening and opening times on [Winter Wonderland](http://WinterWonderland.org.uk) website. The organisers are looking for volunteers to help support the event, if you would like to volunteer please email [volunteer@vanel.org.uk](mailto:volunteer@vanel.org.uk)

**CARE** are running their Toys for Joy scheme again this year. If you work for an organisation supporting families you can contact CARE to [refer the parent to the scheme](#).

## 05 Funding news

There are still a lot of grants and funding opportunities out there. Somewhere like **Funding Central** is of course a great place to start your search. Each month we'll list here a number of the opportunities that we've come across recently. Although we can't write your funding applications for you, if you are a Member or Friend then we at VANEL can always act as a 'critical friend', so please do get in touch ([office@vanel.org.uk](mailto:office@vanel.org.uk) or 01472 231123). Check [online](#) for even more funding news.

### Big Lottery 1:1's...

Over the past year or more VANEL have hosted a number of visits from Rob Malyan from the Big Lottery Fund for 1:1 appointments with groups. Recently however Rob has been seconded to another post elsewhere within Big Lottery so has become unavailable.

A replacement has been recruited for Rob's position and we are awaiting contact from them in order to begin organising the next visit. Until then the Big Lottery Fund are holding weekly webinars to offer groups the support that they need

### New CCG + Big Lottery funding

An exciting new programme of funding for local voluntary and community sector organisations who work with local people to improve their health and wellbeing is being launched by **North East Lincolnshire CCG** together with the **Big Lottery Fund**.

To register your interest for the event, please RSVP to [lisahilder@nhs.net](mailto:lisahilder@nhs.net)

More details to follow, (venue and agenda)



in order to complete an application, including the all important opportunity to ask questions.

To find out more about taking part in one of the webinars, follow the link to the [Big Lottery Fund website](#) where there are more details, including how to register to take part. Here's [a specific link for the latest December webinar dates](#).

so watch this space...

## Funding roundup

Every month now we do a roundup on our website of the latest funding sources we've come across. The [most recent article is here](#).

Some have now closed, but here's a couple still open with deadlines soon, including:

**First Steps Enterprise Fund**  
**Help the Homeless**  
**Hidden Charitable Fund**  
**Erasmus+**  
**Setting up a community shop**  
**Pocket Parks**

[Take a look online](#) for all the details.

## 06 from VANEL

### Staff changes at VANEL

This month has been a busy one when it comes to staff in our office.

We have said **goodbye** to **Joe Mager** and **Louis Cox**.

Joe has left us to pursue a new life and career in London. Louis has been fortunate enough to secure a job with Humberside Police, something that has been his passion for some time; we would also like to offer Louis and his partner congratulations on the birth of their baby girl. *Good luck to both of you for the future.*

We are saying **hello** to **Bailey Newrick**, **Thom Belcher**, **Nikki Kendall** and **Debi Shiner**.

Debi has joined us as co-ordinator for Community Health Champions and Winter Planning, after having volunteered with us for some time.

Thom Belcher has joined on a Graduate Internship and is helping us with his marketing and social media skills.

Bailey Newrick is with us one day per week and seconded to North East Lincolnshire Council the remainder of the time as a Youth Ambassador.

Nikki Kendall is joining as the Victim's Champion Apprentice and will be working with Tom Shaw and other colleagues in the Safer and Stronger Communities Partnership.

*Welcome to all of you.*

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# Keep it Clear for Christmas

Christmas is approaching, and for many of us that will summon a period of time in which we indulge in festivities a bit more than we should (a topic for a separate discussion).

Regarding said festivities, we have a tendency to become more reckless and careless with our waste and the manner in which we dispose of it. **Fats, oil, grease, wipes and other sanitary waste products all contribute to unnecessary blockages and disruptions to the system – all of which tends to increase around Christmas time!**

*Incoming fact: 'There are enough fats, oils and grease in Anglian water sewers to fill eight Olympic sized swimming pools.'*

It's important to remind ourselves to be extra-mindful with our methods of disposal during the next few weeks. As part of VANEL's link up with Anglian Water we're keen to remind everyone to be extra mindful this holiday of what you put down your drains. If you happen to need a reminder, then check out Lotties vlog below or you can [visit the Anglian Water site here for more information](#). You can also **meet VANEL staff at the Anglian Water stand** at the Cleethorpes' Winter Wonderland between 10<sup>th</sup> and 13<sup>th</sup> December.

Lotties vlog from Anglian Water talking about keeping the drains clear!



## "The View from the Top"

If you are a Trustee or Committee Member with one of our Member or Friend organisations then you may well have received issue 1 of our "View from the Top" governance and trusteeship e-newsletter back in October.

This was a new experiment and we've received some positive feedback from it, so issue 2 is due to appear by the end of this week. Look out for it.

If you think you should/would like to receive it then make sure you've subscribed. At the moment you can do that by emailing Karl via [karl@vanel.org.uk](mailto:karl@vanel.org.uk) to let me know.

Good and effective governance of charities and voluntary organisations has never been more important. So we're using our new e-newsletter to inspire, encourage and support everyone with their efforts as trustees, committee members, directors and so on. Take a read of the next newsletter when it

## Coming up in issue 2

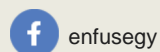
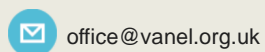
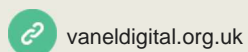
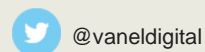
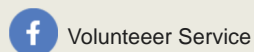
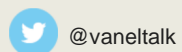
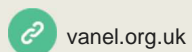
We'll look at a couple of useful new reports recently out - "A Question of Balance" (about the relationship between Chair and Chief Exec), and "Wired to Govern" (technology for trustees).

We'll explore themes around the 5 S's of governance and around the Code of Godd Governance and we'll challenge you to look differently at the way you work as a board. "10 things terrible trustees do and brilliant trustees don't" should prove a challenge!

appears. Pass it onto fellow board or committee members. Give us feedback. And we're hopeful that during 2016 we'll be re-energising a Trustee Network with even more support for you.

Have you got news or events that you'd like to share through this newsletter? If you're a Member or Friend organisation then just get in touch via [editor@vanel.org.uk](mailto:editor@vanel.org.uk) and we'll look to get your news online and perhaps into an edition of this newsletter. ([more notes here](#))

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